

Safety Data Sheet

Helium

SECTION 1

Identification

GHS product identifier	Helium
Chemical name	helium
Other means of identification	HELIUM, COMPRESSED; 50001;
Product type	Gas.
Product use	Synthetic/Analytical chemistry.
Synonym	HELIUM, COMPRESSED; 50001;
SDS #	001025
Supplier's details	EspriGas 500 Northridge Road, Suite 200 Atlanta, GA 30350 1.800.720.1563 Inside the US: 1-800-424-9300 (Chemtrec, 24 hours) Outside the US: 1-703-527-3887 (Chemtrec, 24 hours)
24-hour telephone	EspriGas Customer Support Center: 1.800.720.1563

SECTION 2

Hazards Identification

OSHA/HCS status	This material is considered hazardous by the OSHA Hazard Communication Standard (29 CFR 1910.1200).
Classification of the substance or mixture	GASES UNDER PRESSURE – Compressed gas
GHS Label Elements	
Hazard pictograms	Gas cylinder
Signal word	Warning
Hazard statements	H280 – Contains gas under pressure; may explode if heated. May displace oxygen and cause rapid suffocation.

Precautionary Statements

General	Read and follow all Safety Data Sheets (SDS) before use. Read label before use. Keep out of reach of children. If medical advice is needed, have product container or label at hand. Close valve after each use and when empty. Use equipment rated for cylinder pressure. Do not open valve until connected to equipment prepared for use. Use a back flow preventative device in the piping. Use only equipment of compatible materials of construction.
Prevention	Not applicable.
Response	Not applicable.
Storage	P410 + P403 – Protect from sunlight. Store in a well-ventilated place.
Disposal	Not applicable.
Hazards not otherwise classified	In addition to any other important health or physical hazards, this product may displace oxygen and cause rapid suffocation.
Hazards identified when used	No known significant effects or critical hazards.

SECTION 3

Composition / Information on Ingredients

Substance/mixture	Substance
Chemical name	helium
Other means of identification	HELIUM, COMPRESSED; 50001;
Product code	001025

Ingredient name	%	CAS number
Helium	100	7440-59-7

There are no additional ingredients present which, within the current knowledge of the supplier and in the concentrations applicable, are classified and hence require reporting in this section.

SECTION 4

First Aid Measures

Description of Necessary First Aid Measures

Eye contact	Immediately flush eyes with plenty of water, occasionally lifting the upper and lower eyelids. Check for and remove any contact lenses. Get medical attention if irritation occurs.
Skin contact	Flush contaminated skin with plenty of water. Remove contaminated clothing and shoes. Get medical attention if symptoms occur.
Inhalation	Remove victim to fresh air and keep at rest in a position comfortable for breathing.
Ingestion	As this product is a gas, refer to the inhalation section.

Most Important Symptoms/Effects, Acute and Delayed

Potential Acute Health Effects

Eye contact	Contact with rapidly expanding gas may cause burns or frostbite.
Inhalation	No known significant effects or critical hazards.
Skin contact	Contact with rapidly expanding gas may cause burns or frostbite.
Frostbite	Try to warm up the frozen tissues and seek medical attention.
Ingestion	As this product is a gas, refer to the inhalation section.

Over-Exposure Signs/Symptoms

Eye contact	No specific data.
Inhalation	No specific data.
Skin contact	No specific data.
Ingestion	No specific data.

Indication of Immediate Medical Attention and Special Treatment Needed, If Necessary

Notes to physician	Treat symptomatically. Contact poison treatment specialist immediately if large quantities have been ingested or inhaled.
Specific treatments	No specific treatment.
Protection of first-aiders	No action shall be taken involving any personal risk or without suitable training. <i>See toxicological information (Section 11).</i>

SECTION 5

Fire-Fighting Measures

Suitable extinguishing media	Use an extinguishing agent suitable for the surrounding fire.
Unsuitable extinguishing media	None known.
Specific hazards arising from the chemical	Contains gas under pressure. In a fire or if heated, a pressure increase will occur and the container may burst or explode.
Hazardous thermal decomposition products	No specific data.
Special protective actions for fire-fighters	Promptly isolate the scene by removing all persons from the vicinity of the incident if there is a fire. No action shall be taken involving any personal risk or without suitable training. Contact the supplier immediately for specialist advice. Move containers from fire area if this can be done without risk. Use water spray to keep fire-exposed containers cool.
Special protective equipment for fire-fighters	Fire-fighters should wear appropriate protective equipment and self-contained breathing apparatus (SCBA) with a full face-piece operated in positive pressure mode.

SECTION 6

Accidental Release Measures

Personal Precautions, Protective Equipment and Emergency Procedures

For non-emergency personnel

No action shall be taken involving any personal risk or without suitable training. Evacuate surrounding areas. Keep unnecessary and unprotected personnel from entering. Put on appropriate personal protective equipment.

For emergency responders

If specialized clothing is required to deal with the spillage, take note of any information in Section 8 on suitable and unsuitable materials. See also the information in "For non-emergency personnel."

Environmental precautions

Ensure emergency procedures to deal with accidental gas releases are in place to avoid contamination of the environment. Inform the relevant authorities if the product has caused environmental pollution (sewers, waterways, soil or air).

Methods and Materials for Containment and Cleaning Up**Small spill**

Immediately contact emergency personnel. Stop leak if without risk.

Large spill

Immediately contact emergency personnel. Stop leak if without risk.

SECTION 7

Handling and Storage

Precautions for Safe Handling**Protective measures**

Put on appropriate personal protective equipment (see Section 8). Contains gas under pressure. Avoid breathing gas. Do not puncture or incinerate container. Use equipment rated for cylinder pressure. Close valve after each use and when empty. Protect cylinders from physical damage; do not drag, roll, slide, or drop. Use a suitable hand truck for cylinder movement. Avoid contact with eyes, skin and clothing. Empty containers retain product residue and can be hazardous.

Advice on general occupational hygiene

Eating, drinking and smoking should be prohibited in areas where this material is handled, stored and processed. Workers should wash hands and face before eating, drinking and smoking. Remove contaminated clothing and protective equipment before entering eating areas. See also Section 8 for additional information on hygiene measures.

Conditions for safe storage, including any incompatibilities

Store in accordance with local regulations. Store in a segregated and approved area. Store away from direct sunlight in a dry, cool and well-ventilated area, away from incompatible materials (see Section 10). Keep container tightly closed and sealed until ready for use. See Section 10 for incompatible materials before handling or use. Cylinders should be stored upright, with valve protection cap in place, and firmly secured to prevent falling or being knocked over. Cylinder temperatures should not exceed 52°C (125°F).

SECTION 8

Exposure Controls / Personal Protection

Occupational Exposure Limits

Ingredient name	Exposure limits
Helium	ACGIH TLV (United States, 1/2025): Oxygen depletion [asphyxiant].

Biological exposure indices: No exposure indices known.

Appropriate engineering controls

Good general ventilation should be sufficient to control worker exposure to airborne contaminants.

Environmental exposure controls Emissions from ventilation or work process equipment should be checked to ensure they comply with the requirements of environmental protection legislation. In some cases, fume scrubbers, filters or engineering modifications to the process equipment will be necessary to reduce emissions to acceptable levels.

Individual Protection Measures

Hygiene measures Wash hands, forearms and face thoroughly after handling chemical products, before eating, smoking and using the lavatory and at the end of the working period. Appropriate techniques should be used to remove potentially contaminated clothing. Wash contaminated clothing before reusing. Ensure that eyewash stations and safety showers are close to the workstation location.

Eyeface protection Safety eyewear complying with an approved standard should be used when a risk assessment indicates this is necessary to avoid exposure to liquid splashes, mists, gases or dusts. If contact is possible, the following protection should be worn, unless the assessment indicates a higher degree of protection: safety glasses with sideshields.

Respiratory protection Based on the hazard and potential for exposure, select a respirator that meets the appropriate standard or certification. Respirators must be used according to a respiratory protection program to ensure proper fitting, training, and other important aspects of use. Respirator selection must be based on known or anticipated exposure levels, the hazards of the product and the safe working limits of the selected respirator.

Hand protection Chemical-resistant, impervious gloves complying with an approved standard should be worn at all times when handling chemical products if a risk assessment indicates this is necessary. Considering the parameters specified by the glove manufacturer, check during use that the gloves are still retaining their protective properties. It should be noted that the time to breakthrough for any glove material may be different for different glove manufacturers. In the case of mixtures, consisting of several substances, the protection time of the gloves cannot be accurately estimated.

Body protection Personal protective equipment for the body should be selected based on the task being performed and the risks involved and should be approved by a specialist before handling this product.

Other skin protection Appropriate footwear and any additional skin protection measures should be selected based on the task being performed and the risks involved and should be approved by a specialist before handling this product.

SECTION 9

Physical and Chemical Properties

Physical state Gas. [Compressed gas.]

Color Colorless.

Odor Odorless.

Odor threshold Not available.

pH Not applicable.

Melting point/freezing point -272.2°C (-458°F)

Boiling point or initial boiling point and boiling range	-268.9°C (-452°F)
Flash point	[Product does not sustain combustion.]
Evaporation rate	Not available.
Flammability (solid, gas)	Not available.
Lower and upper explosive (flammable) limits	Not available.
Vapor pressure	Not available.
Relative vapor density	0.14 [Air = 1]
Specific volume (ft³/lb)	96.1538
Gas density (lb/ft³)	0.0104
Relative density	Not applicable.
Solubility in water	Not available.
Partition coefficient: n-octanol/water	0.28 [Calculated]
Auto-ignition temperature	Not available.
Decomposition temperature	Not available.
Flow time (ISO 2431)	Not available.
Molecular weight	4 g/mole

SECTION 10

Stability and Reactivity

Reactivity	No specific test data related to reactivity available for this product or its ingredients.
Chemical stability	The product is stable.
Possibility of hazardous reactions	Under normal conditions of storage and use, hazardous reactions will not occur.
Conditions to avoid	No specific data.
Incompatible materials	No specific data.
Hazardous decomposition products	Under normal conditions of storage and use, hazardous decomposition products should not be produced.
Hazardous polymerization	Under normal conditions of storage and use, hazardous polymerization will not occur.

SECTION 11

Toxicological Information

Information on Toxicological Effects

Acute toxicity – conclusion/summary	Not available.
Skin corrosion/irritation – conclusion/summary	Not available.
Serious eye damage/eye irritation – conclusion/summary	Not available.
Respiratory corrosion/irritation – conclusion/summary	Not available.
Respiratory or skin sensitization – skin	Not available.
Respiratory or skin sensitization – respiratory	Not available.
Germ cell mutagenicity – conclusion/summary	Not available.
Carcinogenicity – conclusion/summary	Not available.
Specific target organ toxicity (single exposure)	Not available.
Specific target organ toxicity (repeated exposure)	Not available.
Aspiration hazard	Not available.
Information on the likely routes of exposure	Not available.

Potential Acute Health Effects

Eye contact	Contact with rapidly expanding gas may cause burns or frostbite.
Inhalation	No known significant effects or critical hazards.
Skin contact	Contact with rapidly expanding gas may cause burns or frostbite.
Ingestion	As this product is a gas, refer to the inhalation section.

Symptoms Related to the Physical, Chemical and Toxicological Characteristics

Eye contact	No specific data.
Inhalation	No specific data.
Skin contact	No specific data.
Ingestion	No specific data.

Delayed and Immediate Effects and Also Chronic Effects from Short and Long Term Exposure

Short term exposure – potential immediate effects Not available.

Short term exposure – potential delayed effects Not available.

Long term exposure – potential immediate effects Not available.

Long term exposure – potential delayed effects Not available.

Potential chronic health effects – conclusion/summary Not available.

General No known significant effects or critical hazards.

Carcinogenicity No known significant effects or critical hazards.

Mutagenicity No known significant effects or critical hazards.

Reproductive toxicity No known significant effects or critical hazards.

Numerical measures of toxicity – acute toxicity estimates N/A

SECTION 12

Ecological Information

Toxicity Not available.

Persistence and degradability Not available.

Bioaccumulative Potential

Product/ingredient name	LogPow	BCF	Potential
Helium	0.28	–	Low

Mobility in soil – soil/water partition coefficient Not available.

Other adverse effects No known significant effects or critical hazards.

SECTION 13

Disposal Considerations

Disposal methods

The generation of waste should be avoided or minimized wherever possible. Disposal of this product, solutions and any by-products should at all times comply with the requirements of environmental protection and waste disposal legislation and any regional local authority requirements. Dispose of surplus and non-recyclable products via a licensed waste disposal contractor. Waste should not be disposed of untreated to the sewer unless fully compliant with the requirements of all authorities with jurisdiction. Empty pressure vessels should be returned to the supplier. Waste packaging should be recycled. Incineration or landfill should only be considered when recycling is not feasible. This material and its container must be disposed of in a safe way. Empty containers or liners may retain some product residues. Do not puncture or incinerate container.

SECTION 14

Transport Information

Regulatory Info	UN Number	Proper Shipping Name	Class	Packing Group
DOT	UN1046	Helium, compressed	2.2	–
TDG	UN1046	HELIUM, COMPRESSED	2.2	–
Mexico	UN1046	HELIO COMPRIMIDO	2.2	–
IMDG	UN1046	HELIUM, COMPRESSED	2.2	–
IATA	UN1046	Helium, compressed	2.2	–

DOT – limited quantity

Yes.

DOT – packaging instruction

Exceptions: 306, 307. Non-bulk: 302. Bulk: 302, 314.

DOT – quantity limitation

Passenger aircraft/rail: 75 kg. Cargo aircraft: 150 kg.

TDG – classification

Product classified as per the following sections of the Transportation of Dangerous Goods Regulations: 2.13–2.17 (Class 2).

TDG – explosive limit and limited quantity index

0.125

TDG – passenger carrying road or rail index

75

TDG – special provisions

148

IMDG – emergency schedules

F-C, S-V

IMDG – special provisions

378, 392, 974

IATA – quantity limitation

Passenger and Cargo Aircraft: 75 kg. Packaging instructions: 200. Cargo Aircraft Only: 150 kg. Packaging instructions: 200. Limited Quantities – Passenger Aircraft: Forbidden. Packaging instructions: Forbidden.

IATA – special provisions

A69, A202

Environmental hazards

No.

Special precautions for user Transport within user's premises: always transport in closed containers that are upright and secure. Ensure that persons transporting the product know what to do in the event of an accident or spillage.

Transport in bulk according to IMO instructions Not available.

"Refer to CFR 49 (or authority having jurisdiction) to determine the information required for shipment of the product."

SECTION 15

Regulatory Information

U.S. Federal Regulations

TSCA 8(a) CDR exempt/partial exemption Not determined

TSCA 12(b) – chemical export notification Not applicable.

Clean Air Act Section 112(b) Hazardous Air Pollutants (HAPs) Not listed

Clean Air Act Section 602 Class I Substances Not listed

Clean Air Act Section 602 Class II Substances Not listed

DEA List I Chemicals (Precursor Chemicals) Not listed

DEA List II Chemicals (Essential Chemicals) Not listed

SARA 302/304 – composition/information on ingredients No products were found.

SARA 304 RQ Not applicable.

SARA 311/312 classification Refer to Section 2: Hazards Identification of this SDS for classification of substance.

State Regulations

Massachusetts This material is listed.

New York This material is not listed.

New Jersey This material is listed.

Pennsylvania This material is listed.

California Prop. 65 This product does not require a Safe Harbor warning under California Prop. 65.

International Regulations

Chemical Weapon Convention List Schedules I, II & III Chemicals	Not listed.
Montreal Protocol	Not listed.
Stockholm Convention on Persistent Organic Pollutants	Not listed.
Rotterdam Convention on Prior Informed Consent (PIC)	Not listed.
UNECE Aarhus Protocol on POPs and Heavy Metals	Not listed.
Inventory List	
Australia	This material is listed or exempted.
Canada	This material is listed or exempted.
Chile	—
China	This material is listed or exempted.
Colombia	—
Eurasian Economic Union	Russian Federation inventory: This material is listed or exempted.
Japan	Japan inventory (CSCL): Not determined. Japan inventory (ISHL): Not determined.
New Zealand	This material is listed or exempted.
Philippines	This material is listed or exempted.
Republic of Korea	This material is listed or exempted.
Taiwan	This material is listed or exempted.
Thailand	This material is listed or exempted.
Turkey	Not determined.
United States	This material is active or exempted.
Viet Nam	This material is listed or exempted.

SECTION 16

Other Information

Date of issue/date of revision	4/20/2026
Date of previous issue	1/20/2026
Version	8

Hazard and Instability Classification Ratings

System	Health	Flammability	Physical Hazards / Instability	Special
HMIS® (U.S.A.)	1	0	3	–
NFPA 704 (U.S.A.)	1	0	0	–

Caution: HMIS® ratings are based on a 0–4 rating scale, with 0 representing minimal hazards or risks, and 4 representing significant hazards or risks. Although HMIS® ratings and the associated label are not required on SDSs or products leaving a facility under 29 CFR 1910.1200, the preparer may choose to provide them. HMIS® ratings are to be used with a fully implemented HMIS® program. HMIS® is a registered trademark and service mark of the American Coatings Association, Inc. The customer is responsible for determining the PPE code for this material. For more information on HMIS® Personal Protective Equipment (PPE) codes, consult the HMIS® Implementation Manual.

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Procedure Used to Derive the Classification

Classification	Justification
GASES UNDER PRESSURE – Compressed gas	Expert judgment

Key to Abbreviations

ATE = Acute Toxicity Estimate; BCF = Bioconcentration Factor; GHS = Globally Harmonized System of Classification and Labelling of Chemicals; IATA = International Air Transport Association; IBC = Intermediate Bulk Container; IMDG = International Maritime Dangerous Goods; LogPow = logarithm of the octanol/water partition coefficient; MARPOL = International Convention for the Prevention of Pollution From Ships, 1973 as modified by the Protocol of 1978; UN = United Nations.

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